



ADJUSTABLE TORQUE WRENCH

Consult bike manufacturer handbook for required Nm settings for bike parts e.g handlebar, seat post or refer to writing showing Nm setting on bike part on the bike

Use a 6mm Allen / hex wrench to adjust the circular dial to set the desired torque.

Withdraw the bit set by unscrewing the cap at the end of the tool and select the required tool bit.

Insert the tool bit into the drive of the tool.

Tighten the relevant bolt by applying a clockwise action. The torque wrench will continue to 'click-out' once the torque is reached, this ensures a bolt cannot accidentally be over torqued.

